



YOUNG BPW ANKARA, Turkey
YOUNG BPW ISTANBUL, Turkey
BUSINESS AND PROFESSIONAL WOMEN
YOUNG BPW EUROPE WEEKEND
16-18 May 2008

ISTANBUL PROGRAMME



DAY 01 (May, 16th – Friday):

Arrival in Istanbul

Arrive in Ataturk International airport in Istanbul. Meet with Young BPW Turkey members and transfer to the hotel, located in the modern city center just a few steps away from Taksim Square. After welcome drink and briefing, check-in and time at leisure until evening.

In the evening, depart for a walking tour of **Istiklal Street**. This pedestrian street is the heart of Istanbul's modern city center, where one can feel the dynamic vibe of metropolis life. On the both sides of Istiklal Street there are many



fancy shops, restaurants, bars and night clubs which are the most favored entertainment options for locals and the guests of the city.

The walk will end at historical **Flower Passage**. The Passage has this name as it was once one of the great flower markets of Istanbul (remember, the Turks invented tulips). The Flower Passage itself is a small L-shaped galleria, four stories high with a glass roof. One end of the L opens onto Istiklal Street, the other on a long covered alley which is one of the great delights of Istanbul. Here you will enjoy a welcome dinner with included local drinks. After the dinner return to the hotel and overnight.

Overnight: The Central Palace Hotel

DAY 02 (May, 17th – Saturday):

Istanbul

After breakfast at the hotel, you will transfer to the old city center (Sultanahmet Quarter), which was the heart of the capital of three Empires. Here you will get acquainted with the historical monuments of the area: Roman Hippodrome, Blue Mosque and Hagia Sophia.

Hippodrome: The ancient Hippodrome is an enormous public entertainment arena that once seated as many as 100.000 zealous fans witnessing chariot races, executions, and mock battles. Once the centre of Byzantine civic life, it is still decorated by the Egyptian Obelisk, the Bronze Serpentine Column, and the Column of Constantine.

Blue Mosque: Built between 1609 and 1616, the Sultan Ahmet Mosque is more familiarly known as the Blue Mosque because its interior gleams with magnificent panels of blue and white 17th Century Iznik tiles. Located near Topkapi Palace, it was considered the Supreme Imperial Mosque during Ottoman Istanbul.





Hagia Sophia: This famous basilica was constructed in the 6th century A.D. It is often described as the greatest work of Byzantine architecture. Once the Church of Holy Wisdom, Christendom's crowning glory, and now a museum, it glittered with mosaics, and art treasures filled every corner. Today, Haiga Sophia is the forth largest building made as a church in the world. It was dedicated to the Hagia Sophia which means the Divine Wisdom, an attribute of

Christ.

Upon the end of the tour you will start team-building activity "Istanbul Quest". The group will be divided into 3 teams, with one facilitator assigned to each team. The facilitators will give instructions to the teams and distribute all necessary materials. The activity called "**Istanbul Quest**" consists of 4 parts: 3 main stages and de-briefing with award distribution. The activity promotes team-spirit, productive communication in the group, leadership and project accomplishment skills. At the same time it will give you the chance to explore the city of three empires in an extraordinary way, to interact with local people, and to challenge your creativity in expressing your own vision of Istanbul.

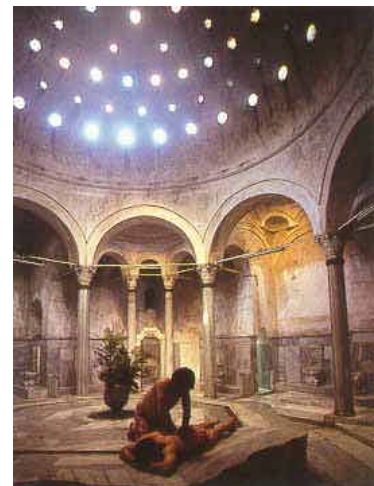


"Istanbul Quest" will start from **Sultanahmet Square**, the old city center and will continue to the area of historical **Spice (Egyptian) Market**. The Market was built in 1664 as a part of the Yeni Cami complex, which is located next to it. Shops sold only spices during Ottoman period. Today, there are some spice shops as well as the ones selling dried fruit, borek, basket work, jewelry, haberdashery, drapery, and suchlike. The bazaar has an "L" shape and six gates.

Upon the end of the activity, we will proceed to lunch at Zinhan restaurant, overlooking Golden Horn Bay. Here the winning team of "Istanbul Quest" will be announced, and the prizes distributed.

After the lunch, you will drive to a traditional tea-garden and enjoy Turkish tea in special tulip-shaped glasses. Also, you can try an authentic water-pipe smoking there. Next, you will visit a historical Turkish bath – Hamam. Here you will benefit from traditional SPA-treatments: body peeling with special herbal mitten and a massage on the marble heated stone.

After bath visit you will return to the hotel, have some time to





rest and then depart for dinner at Pearl. After the dinner, return to the hotel and overnight, or stay for after-hours at the club to enjoy live music and jet-set atmosphere until late hours.

Overnight: The Central Palace Hotel

Included meals: B, L (at Zinhan restaurant), D (at Pearl restaurant)

DAY 03 (May, 18th - Sunday):

Return home

At the breakfast time, we will have a Young BPW Europe Meeting during and after the breakfast at the Hotel. In the remaining time you will have chance to do shopping!

Then, We will transfer to Ataturk International airport and fly home...



PRICE AND GENERAL CONDITIONS

Number of participants:	Min. 20
Per person in TWIN/BB room*:	375,00 EURO

* : The price is valid for min. 20 participants.

Price of the program includes:

- 2 nights accommodation in standard DBL/BB rooms at The Central Palace Hotel (Boutique)
- Services of a professional English-speaking tour guide; his/her transportation and meal expenses
- Modern, spacious, air-conditioned bus for tours and transfers (Mercedes 403, 45 seats, max. 4 years old). Program rate includes 2 airport transfers (arrival and departure) done with a single vehicle and a guide. Extra airport transfers, if needed, will be subjected to additional charge of 155,00 EURO
- Driver's meal and expenses
- Admission fees to sights and museums, stated in the program
- Team-building activity package "Istanbul Quest" (all necessary equipment, facilitators and materials)
- Traditional SPA-treatment at historical Cagaloglu Bath
- Local alcohol at dinner
- 4 Meals: 2 breakfasts (all at the hotel), 1 lunch (at Zinhan restaurant) and 1 dinner (at Pearl restaurant)
- Parking expenses
- V.A.T.